

fooling time

impro.per.arts
improvisation & arts in action

2 weeks intensive ensemble improvisation
10 - 22 feb 2014
sten rudstrøm

fooling time

• ensemble improvisation •

This workshop specifically points toward working together with other improvisers on stage. You will learn how to support and enhance your co-improvisers' work as well as add punch to the ensemble choreography. Copying, bulking and shadowing will be distinguished; how and when to enter the performance space detailed; how to generate the most impact spatially; where to stop moving, when to change body level and facing, whether to shift frames or not. Additionally, you will learn to contribute to the on-going liveliness of each improvisation by adding on, repeating or starting something new. Essential tools for clarity and commitment on stage and sharpening performances. This workshop includes two public performances.

Mon- Fri 10 - 22 Feb 2014 | 12:00 - 17:00

Studio 2 | Mime Centrum Berlin | Mariannenplatz 2

475 Euro | 450 Euro if paid in full 3 weeks before the training starts
This training will be lead in English und Deutsch.

Registration: team@impro-per-arts.com | www.impro-per-arts.com

Fri 21st Feb + Sat 22nd Feb 2013 | 20:00

White Walls & Electricity # 5

Ensemble Improvisation Performance

Tanzfabrik Berlin | Möckernstraße 68 | Berlin Kreuzberg | 12 Euro

Action Theater™ physical theater training is an improvisational body-based process used for the discovery of new forms of expression. The training helps performers expand their physical forms and inhabit those forms with humanity. Through the practice of working solo and with partners, Action Theater™ develops a better understanding of ensemble architecture, the use of space and composition. Exercises help establish the balance between inner and outer awareness. They specifically limit area of action and response so that students open to the unknown, break free of fear and judgment and embrace the unfamiliar. Action Theater™ includes movement, sound and language.

STEN RUDSTRØM has worked for over 25 years with Ruth Zaporah, the developer of the improvisational performance training process Action Theater™. Sten's workshops and performances have garnered wide respect and critical acclaim throughout the USA and Europe. His high-energy trainings articulate and promote the development of stronger performance skills. www.stenrudstrom.com

Veranstalter **impro.per.arts**
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Dr. Jagna Anderson & Stefanie Tübinger



mit der Unterstützung des
Mime Centrum Berlin